



Spectrum



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Health camps for screening and treatment of Anemia in Women on March 3, 2024 at Baduria, 24 Parganas (North)



The 41st "Matri Raksha" - Anemia screening and treatment Camp was organized by Rotary Salt Lake Metropolitan Kolkata in association with Rotary Club of Calcutta Labanhrad on Sunday March 3, 2024 at Baduria, North 24-Parganas.

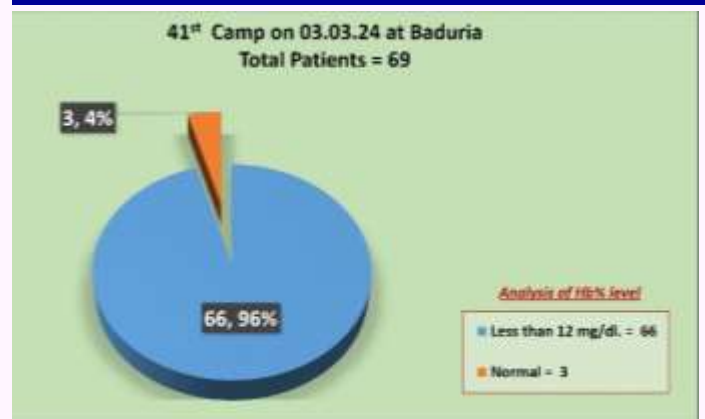


Total 69 women were screened and examined for their Hemoglobin level for Anemia, BP and Sugar by the technical team from ILS Hospital. Each woman after being examined for anemia and other ailments and were given, along with nutritional booklets, free iron tablets for 2 to 6 months, deworming and calcium medicines as prescribed by Dr. Meghadri Sen.

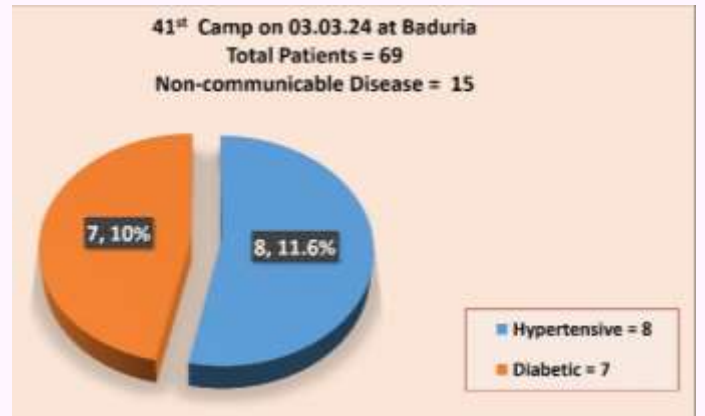


According to camp analysis, 66 (96%) had hemoglobin level below 12 gm./dl and 43 (62.3%) had severe anemia (<10 gm.). Around 7 patients (10%) were suffering from Diabetes (DM), 8 patients (11.6%) were Hypertensive (HTN) and referred to physician for further management.

IMPACT OF THE 41 ST MATRI RAKSHA CAMP	
Breakup of Anemia & Non-Communicable Diseases	
TOTAL NO	69 no (100%)
Anemia detected	66 no (96.0%)
Hypertension detected	8 no (11.6%)
Diabetes Detected	7 no (10.0%)



Technical Team from ILS Hospital: Abhinaba, Subhranil, Alok and a sister



Team of Doctors: Dr. Meghadri Sen



Club members: Members of RC Calcutta Labanhrad.

We meet calendar months' 2nd & 4th Saturdays at GPT Group, JC 25, Salt Lake, Kolkata 700098 at 6.00 PM

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Rotary History and Anecdotes

Rotary Historians and their remarkable roles

James Henry Francis Roth

August 22, 1887 – August 29, 1968

Source: *The biography of James Roth, researched and compiled by Jorge Arman, RC Ventura, CA, USA*



“The Johnny Appleseed of Rotary,” in PDF format prepared by Jorge Arman 2011 PowerPoint presentation, showing the many, many areas where Rotary began, with the assistance of Jim Roth. This remarkable work was created by RGHF member Jorge Arman Also see extract from “the First Rotarian” by James P. Walsh

A PERSONAL INTRODUCTION TO JAMES H. F. ROTH Rotarian Extraordinaire



James Henry Francis Roth, best known as Jim Roth (or Don Jim), was born in Ventura, California, and died in his hometown at the age of 81 years. He studied at the Ventura Grammar School and founded the gymnasium in Ventura High School. In 1906, two weeks after he graduated, he was working as a secretary to a former judge of the Supreme Court, traveling and studying law at the same time.

During his early years he took other positions as Paymaster, Accountant and General Trading. With his high level of culture, acquired by his travels around the world, he spoke fluent Portuguese, French, German and Spanish, in addition to his homeland language.

In 1914, at the age of only 27, he became representative of a large coffee dealer in the state of Sonora, Mexico, where he remained only a year.

James said that since childhood, he had wanted to represent his country and therefore, wrote to the U.S. Department of State to enquire about the possibilities of entering the U.S. diplomatic service. “It would be unforgivable, at the close of this snapshot of the settlement of Rotary in Brazil, to omit the name of the kind, clever, dynamic and efficient Jim Roth, an official of Rotary International with specific allocation to expand the network of Rotary Clubs, structure it and excite, guide and disseminate the spirit of service, heart and motor of

the purposes of Rotary to promote understanding between nations. Jim, from the Rotary Club of Ventura, California, approximately 40 years, came to Brazil in 1928. Traveled 280,000 km, the service of Rotary; organized and founded 83 Rotary Clubs and helped in the founding of 12, totaling 95.

Organized and oversaw the wheels district conferences held here during their stay, since the first of District 63 (Brazil, Argentina and Uruguay), in Rio de Janeiro in 1929. There was asked how many problems with his personal magnetism and conciliatory spirit. He gathered extensive to the Secretariat of Rotary International in 1942 and, shortly after, is retired.

I had the privilege to know him, when the RC-Irati founded in 1941.” This paragraph extracted from a paper by Alberto Olavo de Carvalho, Brazil.

WELCOME TO SOUTH AMERICA

After receiving his Bachelor Degree, he was admitted to trade at the age of 19 years, being appointed guardian of the J.K. Armsby Company, now the California Packing Company (one of the largest such companies in the U.S.) in its reputable business of preserved fruit, fish, dried fruits, nuts, beans, etc.

He was with them seven and a half years and then went to Mexico for one year as representative of American firms. He then entered the United States Consular Service where he was worked for more than 10 years, taking consular posts in Guayaquil in Ecuador, Lima in Peru (the consular jurisdiction in Guayaquil covered Ecuador and Peru in Lima), and Pernambuco and Manaus in Brazil. In 1925 he was appointed Special Representative of Rotary International in Spain and Portugal (he had organized the Rotary Club of Lima while he was consul in that city) and in 1926 received the appointment of Special Commissioner of Rotary International. In December 1915, he was appointed vice consul in the city of Guayaquil, Ecuador.

On entering the Rotary organization, he resigned his post in the United States Consul. He organized the first Rotary clubs in Portugal, Venezuela, Colombia, Ecuador, Peru, San Salvador and Costa Rica and countless clubs in other countries where Rotary already existed. For more than 27 months he toured Central and South America in forming Rotary clubs.”

“Now in the country is the special commissioner of Rotary International, Mr James H. Roth. Roth, comes with the purpose of assisting in the installation of new clubs in South America. In respect to Argentina, Mr. Roth has been completely available to the governor and gamin Club Buenos Aires, to intensify the campaign accordingly.

After a few days in our country, which served to exchange ideas about the best way to guide the campaign plan, Don James departed for Asuncion in order to establish the first club Rotarians in Paraguay, then returned here to continue the work indicated.

We are confident that his presence will be very beneficial, not only because of the momentum that will give the extension Rotarians, but because his enthusiasm and energy are spread easily. Moreover, Don James is an individual treatment pleasant, interesting conversation and a good comrade with whom he was sympathetic from the outset.

“The above report from “The Chronicle of Rotarians Argentino”. October 1927 Jim arrived in Brazil in August 1921, starting work in the consulate of Recife, for a year and a

half. He was later transferred to Manaus, where, after another year and a half as vice-consul, he requested removal from office to deal with emotional problems caused by the death of his mother, and returned to California. He returned after his compassionate leave and recommenced working in various consulates.

He served in his consular career for 10 years, in the cities of Guayaquil (Ecuador), Lima (Peru), Recife and Manaus (Brazil). The first direct link by Jim Roth with Rotary International was during his stay in the city of Lima Peru, where, at the request of the Peruvian Ambassador in Washington, Sr. Frederico Alfonso Pezet and Fernando Carbajal (who later became President of Rotary International in the Rotary Year 1942-1943), he assisted in the organisation of the Rotary Club of Lima. He discussed all these matters with the Secretary of Rotary International, Chesley Perry, during a meeting in 1921.

In 1925, he received a telegram inviting him to a Rotary mission in Spain and Portugal for an initial period of 6 months. He accepted the invitation and with this new venture, met the challenges with enthusiasm and dedication. Also in 1925, Jim was received in audience by Pope Pius XI and conferred with the assistant secretary of the Vatican State, Bishop Pizzardo, on matters relating to Rotary and its relationship with the church.

ROTARY REPRESENTATIVE

Thence began his 17 years of service as Representative of Rotary International in Europe and Latin America. After a year of service in Europe, he came to Latin America in order to expand the Rotary clubs and assist in hosting and “helped” to create an unequalled number of clubs in an unequalled number of countries. The following is a list of countries where Jim was directly or indirectly responsible for the creation of Rotary Clubs.

(His involvement in their creation is apparently documented in the historical papers of all clubs listed – Greg Barlow)

More short Club stories as they are found

- | | |
|---------------|---------------------|
| ▪ Brazil | ▪ Ecuador |
| ▪ Argentina | ▪ Paraguay |
| ▪ Peru | ▪ Venezuela |
| ▪ Uruguay | ▪ Colombia |
| ▪ Bolivia | ▪ Panama |
| ▪ Puerto Rico | ▪ Costa Rica |
| ▪ El Salvador | ▪ Honduras |
| ▪ Chile | ▪ Portugal (Lisbon) |
| ▪ Guatemala | ▪ Spain |
- Dutch Antilles (Curacao and Aruba)
▪ Reference by Paul Harris, from “The First Rotarian” by James P. Walsh

This history was copied from a Google translation of an article published by the Musea Armando de Arruda Pereira. Acknowledgment is given to the Fundacio do Rotarianos de Sao Paulo.

During the 2008 year, Jorge Arman and Greg Barlow, neither aware of the other’s research, began compiling the biography and history of James Roth. By the end of 2008, both had completed their research, the results of which are both seen here.

Rotary History and Anecdotes to be continued...

Upcoming Matri Raksha Camps

- On March 10, 2024 at New Town
- On March 17, 2023 with Rotary Amelia Kolkata at Ananda Palit Road, Entally, Kolkata

Breaking down barriers: Rotary projects empower girls and women across the world

Posted on March 4, 2024 by Claudia Urbano, Rotary Service and Engagement staff



The Rotary Club of Vibrant Valsad in India started a women’s empowerment center that provides women with education, employment, and skills development

International Women’s Day on 8 March celebrates the achievements and potential of women around the world. Despite significant progress in advancing the rights, agency, and autonomy of women, many girls and women still face barriers to reaching their full potential.

Rotary works on projects that empower girls and women by breaking down these barriers. Here are a few examples:

Menstrual hygiene education and access to toilets for girls attending school in Uganda. Imagine missing school days because you lack access to sanitary products and an adequate toilet. These are the challenges girls in rural Uganda face during menstruation. The shame and discomfort associated with inadequate sanitation facilities not only disrupt their education but also reinforce harmful gender inequalities. Efforts by the Ugandan government, Rotary clubs, and USAID are improving the situation through infrastructure development, educational workshops, and advocacy campaigns. Notably, **the Rotary Action Group for Menstrual Health and Hygiene** is working to break the silence surrounding menstruation and empower women and girls to manage their periods with dignity.

Maasai women make cleanliness their business in Kenya. Working in conjunction with the Rotary Club of Evanston, the Maji Masafi Initiative has been managing and implementing the Soap for Water Program within the Maasai community in Kenya. The Maasai women played a key role in identifying the problems and solutions, and they now manage the water resources and a soap-making business. The project has improved the health and livelihoods of the Maasai women and their families.

Rotary members work toward eliminating cervical cancer in Latin America and Egypt. Cervical cancer is a preventable tragedy that disproportionately affects women in low- and middle-income countries. Through initiatives like the HPV

project in Latin America and Programs of Scale grant recipient End Cervical Cancer in Egypt, Rotary members are working tirelessly to break taboos, increase awareness, and make the HPV vaccine more accessible, saving countless lives.



Hammidah Nattabi is among those who have learned about Menstrual Hygiene Management supported by Rotary and USAID. Malere, Gomba district, Uganda.

The stories above demonstrate the transformative power of empowering women and girls. This International Women's Day, Rotary invites you to learn more about fostering female leadership in the workplace. **We are hosting a webinar on 8 March titled Empowering and Elevating Women in the Workplace.** We will discuss how to identify leaders early, establish mentorship and scholarship programs, and be an ally.



We'll also announce and celebrate the recipient of the 2023-24 Sylvia Whitlock Leadership Award. Register now for the event, open to members and nonmembers of all genders. Together, let's empower girls and women and build a brighter future for all.

Happy birthday

Amrota Chatterjee on March 25, 2024

March is Water and Sanitation Month.

TAILPIECE

Bringing hope and joy to abandoned, neglected Filipino children

Posted on March 7, 2024 by Maurice Librea, past president of the Rotary Club of Cubao Edsa, Quezon City, Philippines



Members of the Rotary Club of Cubao Edsa visit with children at Cottolengo Filipino in Rodriguez, Philippines.

Recently, we celebrated the fourth year of our signature project by dedicating three hours to a facility that offers residential care for abandoned, neglected, and orphaned individuals with disabilities.

Cottolengo Filipino is located in Rodriguez, Rizal. On our visit, we encountered children with a range of disabilities – autism, cerebral palsy, mental illness, and more. Their frail physiques and innocent eyes conveyed stories of abandonment and longing. It was a gut-wrenching experience that weighed heavy on our hearts.

Our service project aimed to provide sustainable assistance to these special children, who are among the most vulnerable among us. We distributed school supplies and tablets in recognition of the transformative power of technology in teaching special education students – especially those with autism. In addition, we provided essentials like frozen food, milk, canned goods, and more to address basic needs.

But beyond the tangible items we brought, what truly shone through was the hope and joy we witnessed in those we came to visit. Spending time with these children and the dedicated caregivers at Cottolengo Filipino reminded us of the resilience of the human spirit. Despite their challenges, their laughter and smiles radiated hope and touched our hearts in ways we cannot fully express.

We didn't just bring supplies, we immersed ourselves in the care of these special children. We spent time playing with them and engaging in activities that brought smiles to their faces and joy to their hearts. We looked after a child who required feeding through a nasogastric tube, ensuring their comfort and well-being throughout our visit. This hands-on approach allowed us to connect with the children on a deeper level, nurturing their physical and emotional needs with love and compassion.

It is our mission as Rotarians not only to create change but also to bring it home to these children who deserve every ounce of love and support we can offer. Let us continue to spread hope, joy, and compassion in every community we serve, making a difference in the lives of those who need it most.

Together, let's be beacons of light to guide children toward brighter futures filled with love, opportunity, and endless possibilities.